

3RD AUSTRALIAN POSTVENTION CONFERENCE



"HOPE MEANING AND DIRECTION" AUSTRALIAN POSTVENTION PERSPECTIVES

A conference which brings together those bereaved by suicide and individuals / organisations working in the field of suicide postvention

REGISTRATION & CONFERENCE PROGRAM

SYDNEY UNIVERSITY OF NSW
JOHN NILAND SCIENTIA BUILDING

28TH – 30TH JUNE 2012

PRE-CONFERENCE WORKSHOPS:

THURSDAY
28 JUNE 2012

WELCOME RECEPTION

THURSDAY
28 JUNE 2012

2 DAY CONFERENCE:

FRIDAY & SATURDAY
29-30 JUNE 2012

CONFERENCE DINNER:

FRIDAY
29 JUNE 2012

**CREATIVE EXPRESSIONS –
GIVING VOICE TO LIVED EXPERIENCE**

FRIDAY AND SATURDAY
29-30 JUNE 2012

SEPARATE STREAM FOR BEREAVED:

SATURDAY
30 JUNE 2012

**REMEMBRANCE & HEALING
CEREMONY:**

SATURDAY
30 JUNE 2012

**FEATURING INTERNATIONAL KEYNOTE
PRESENTERS AND EMINENT AUSTRALIAN
SPEAKERS**

CONFERENCE THEMES

- Collaborative partnerships in suicide bereavement
- Innovative approaches in suicide bereavement
- Specialised areas
 - Children & suicide bereavement
 - Rural, remote & regional specific
 - Spirituality, Hope, Healing & Faith
- Indigenous Suicide Bereavement responses
- Postvention responses to contain suicide contagion / clusters
- Creative expression: giving voice to lived experience

**FOR FURTHER INFORMATION CONTACT THE
CONFERENCE MANAGER AT:**

The Hotel Network
PO Box 5580, West Chatswood
NSW 1515 AUSTRALIA

Phone: (02) 9414-4970
Fax: (02) 9411-4243
Email: postvention@hotelnetwork.com.au
www.hotelnetwork.com.au





AN INVITATION TO PARTICIPATE

It is a great pleasure for me on behalf of the Salvation Army Suicide Prevention – Bereavement Support Services and as Chair of the Conference Committee to invite your participation at the 3rd Australian Postvention Conference, "Hope Meaning and Direction" Australian Postvention Perspectives. We are

indebted to the Commonwealth Department of Health & Ageing who have given support to this conference.

This conference brings together those bereaved by suicide and individuals/ organisations working in the field of suicide postvention.

This conference is primarily for the bereaved by suicide. On Saturday 28th June a separate stream is dedicated to those bereaved by suicide. At Session 7 there will be an Open Discussion: Future Direction for Postvention in Australia. A healing and remembrance service will also be held at the conclusion of that day.

The "Hope Meaning and Direction Conference" provides a wonderful opportunity for delegates throughout Australia and New Zealand to network and share together their experience and knowledge.

We are privileged to have international guests and invited Australian presenters who are well known in Australia and internationally for their research and practice in Postvention.

We look forward to you joining us in Sydney UNSW at the 3rd Australian Postvention Conference

Yours sincerely,

Alan Staines (Envoy) OAM, OF

Chair, Conference Committee

Director, Salvation Army Suicide Prevention – Bereavement Support Services



A MESSAGE TO DELEGATES

Welcome to this conference on postvention and bereavement. It is timely for us to look back on our suicide prevention activities. 10 to 15 years ago the Australian Government embarked on programmes to deal with the increasing rates of youth suicide. At that time bereavement and postvention activities were not well established parts of the strategy.

Now, a suicide prevention strategy would be remiss if the losses from suicide and the effects on others were not integral to any strategy or plan.

You will hear about the approaches and results of some excellent programmes in Australia and the achievements will be shared with other areas of interest. There will be opportunities to learn from the international experience as well.

Welcome to all from far and wide; you will gain much from the presentations and discussions and from social contact with like-minded people.

A special thanks to all who will participate and especially thanks for your day-to-day work to lessen the distress and suffering that suicide causes.

Yours sincerely

Ian W Webster AO

Chair, Australian Suicide Prevention Advisory Council

INTERNATIONAL AND AUSTRALIAN INVITED SPEAKERS



Madelyn Gould, Ph.D., M.P.H., is a Professor in Psychiatry and Epidemiology, and Deputy Director of Research Training in Child Psychiatry at Columbia University, NYC, U.S.A. Dr. Gould's research interests include the epidemiology of youth suicide, and the evaluation of suicide prevention interventions across the age span. Her participation in U.S. national government commissions includes the 1978 President's Commission on Mental Health, the 1989 Secretary of Health and Human Services' Task Force on Youth Suicide, and the Surgeon General's 1999 National Suicide Prevention Strategy. She

contributed to the Center for Disease Control's community response plan for suicide clusters (1988) and recommendations to optimize media reporting of suicide (1994), and more recently contributed to reportingonmedia.org. The recipient of the Shneidman Award for Research from the American Association of Suicidology in 1991, the NY State Office of Mental Health Research Award in 2002, the American Foundation for Suicide Prevention Research Award in 2006, and the New York State Suicide Prevention Center's Excellence in Suicide Prevention Award in 2011, Dr. Gould has a strong commitment to applying her research to program and policy development.



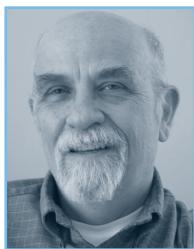
Barbara Hocking OAM is Executive Director of SANE Australia – an independent, national charity working for a better life for people affected by mental illness through education, applied research and campaigning for improved services and attitudes. SANE Australia's Mental Illness and Bereavement Project has produced a number of resources for workers and families and is now developing to include a stronger focus on suicide prevention in mental health settings. SANE also produces biannual Research Bulletins reporting consumer and carer views on issues that impact their day-to-day lives and include recommendations for action. Recent topics include Suicide, Self-harm and Mental Illness.

Barbara represents the community perspective on a wide range of committees and advisory groups. With special interests in suicide prevention and stigma reduction, she is a member of the Australian Suicide Prevention Advisory Council, the National Media and Mental Health Group which oversees the Mindframe National Media Initiative and a board member for RUOK?



Jill Fisher M.Suic., M.Hlth Stds (Lss&Grf) Jill Fisher is the National Coordinator for the StandBy Response Service based at United Synergies Ltd. on the Sunshine Coast, overseeing the expansion of StandBy to several Australian sites. As a suicidologist and educator, Jill is recognized for her work in the area of suicide prevention and postvention, with special interest in the field of traumatic loss and grief. Jill holds a Masters of Suicidology from the Australian Institute for Suicide Research & Prevention at Griffith University, and a Masters of Health Studies (Loss & Grief) from the University of Queensland, with plans to undertake PhD research studies in the future. Jill is the recipient on the International Association for Suicide 2011 Farberow Award for her work in the area of postvention.

INTERNATIONAL AND AUSTRALIAN INVITED SPEAKERS CONTINUED...



John R. Jordan, Ph.D., FT is a licensed psychologist in private practice in Pawtucket, Rhode Island, U.S.A., where he has specialized in work with survivors of suicide and other traumatic losses for more than 30 years. He is the Clinical Consultant for Grief Support Services of the Samaritans in Boston, Massachusetts, and the Professional Advisor to the Survivor Council of the American Foundation for Suicide Prevention (AFSP). For over 20 years, Jack has provided training nationally and internationally for professional caregivers, and has helped to lead many healing workshops for suicide survivors. Jack has published over 35 clinical and research articles, chapters, and full books in the areas of bereavement after suicide, support group models, the integration of research and practice in thanatology, and loss in family and larger social systems. He is the co-author of three books: "After Suicide Loss: Coping with Your Grief"; "Grief After Suicide: Coping with the Consequences and Caring for the Survivors" (Routledge), and the forthcoming "Devastating Losses: How Parents Cope With the Death of a Child to Suicide or Drugs" (Springer).



Barbara Wingard has been involved with Dulwich Centre since 1994 when she played a key role in the 'Reclaiming our stories, reclaiming our lives' gathering for Aboriginal families who had lost a family member due to deaths in custody. Barbara was one of the first group of Aboriginal Health Workers trained in South Australia. She is the co-author, with Jane Lester, of the influential book "Telling our stories in ways that make us stronger". Barbara is one of the teaching team of the Dulwich Centre Foundation. She also plays a key role in Dulwich Centre's engagement in community projects. Barbara was named Elder of the Year (Female) in South Australia in 2008 and she is a current Commissioner for the Environmental Resources and Development Court.



and co-created and edited its postvention task force newsletter. Among her current projects, she is the editor of www.bereavedbysuicide.com, the first international resource for survivors of suicide.



Diana Sands, PhD, is Director of the Bereaved by Suicide Centre for Intense Grief, Sydney and has for more than two decades worked in prevention, postvention and intervention as an educator, researcher, and clinician providing counselling following sudden, violent and traumatic death, and in particular individual, couple and family counselling and group programs, for those who have lost a loved one through suicide. Diana is involved in community projects, is the honorary advisor to the Wings of Hope Charity, was the NSW Delegate SPA, and on the Executive Committee NALAG. She is a recipient of a UTS Research Grant. This year Diana was an invited guest at the International Work Group on Death, Dying and Bereavement. Diana lectures on suicide prevention, postvention and intervention at Jansen Newman Institute of Counselling and Applied Psychotherapy, and presents understanding loss and grief seminars, community talks, and training workshops in Australia and Internationally based on her research and the, 'Tripartite Walking in the Shoes Model'. Diana has published peer-reviewed articles, book chapters and written a book and DVD film 'Red Chocolate Elephants for Children Bereaved by Suicide'.



Judith Murray, BA(Hons), DipEd, BEdSt, PhD, MAPS, is currently the Director of the Master of Counseling Program at The University of Queensland. She has been involved for over 20 years in the area of loss and grief. Previous to her present appointment she established a Loss and Grief Unit at the Centre for Primary Health Care in the Department of School of Population Health at The University of Queensland. This collaborative effort involved community resource development and education, training for professionals, research, grief counseling, and post-graduate education in loss and grief. Within her research, teaching and extensive community education work she has advanced the broad use of a concept of loss and integrative frameworks of care following adverse life events across the health, welfare and educational sectors. She is the author of numerous papers and books and training resource packages.



Tom Brideson is a Kamaroi man who was born in Gunnedah, NSW. Since 2007 Tom is the NSW State-wide Coordinator of the Aboriginal Mental Health Workforce Program. Tom has a broad interest in areas that require improvements for Aboriginal people including health policy development, social and emotional wellbeing, clinical mental health care, suicide prevention including education and research interests across these areas. Tom has published a number of journal articles on issues facing the Aboriginal mental health workforce and the NSW Aboriginal Mental Health Workforce Program. Tom sits on a range of Committee's at the Local, State and National levels. Tom is the recent elected Chair of management committee of the Mental Health Services Conference (TheMHS), and convened the TheMHS Summer Forum in 2008, Aboriginal and Torres Strait Islander Mental Health. In 2011 Tom was appointed to the first National Aboriginal and Torres Strait Islander Suicide Prevention Advisory Group. In November 2011 Tom was appointed to the NSW Suicide Prevention Ministerial Advisory Committee.



Jerry Reed, Ph.D., M.S.W. Director, Suicide Prevention Resource Center began serving as the Director of the National Suicide Prevention Resource Center in the United States in July 2008. Prior to this appointment, Dr. Reed served for five years as Executive Director of the Suicide Prevention Action Network USA (SPAN USA) a national non-profit founded and driven by survivors created to raise awareness, build political will, and call for action with regard to advancing, implementing and evaluating a national strategy to address suicide. He also served as a fellow in the United States Senate working on health issues to include suicide prevention. Dr. Reed has served on the Board of the International Association for Suicide Prevention as Chair of the Council of Organizational Representatives and is currently a member of the Violence Prevention Alliance Steering Committee operated with the World Health Organization and international partners. Dr. Reed received a Ph.D. in Health Related Sciences with an emphasis in Gerontology in 2007. He also received a Masters of Social Work degree with an emphasis in Aging Administration in 1982.



Professor Graham Martin OAM is Director of Child and Adolescent Psychiatry at The University of Queensland, and Clinical Director, Royal Children's Hospital Child and Youth Mental Health Service (CYMHS). He is currently a member of the Lifeline Research Advisory Board, chairs the Research Advisory Committee for RUOK?, is on the Boards of Mates in Construction, the Inspire Foundation, the Centre for Youth Substance Abuse Research (UQ) and PsychWire. Graham is director of the Centre for Suicide Prevention Studies in Young People (UQ).

Graham has been dedicated to suicide prevention since 1987, a member of the National Youth Suicide Prevention Strategy and Evaluation Working Group (1994-99), writing team for the Australian Suicide Prevention Strategy (2000 and 2007), and National Advisory Council for Suicide Prevention (2003-8).

Graham was SPA chairman from 1995-2001, convening 6 national suicide prevention conferences, and leading the team developing the first Media and Suicide Resource Kit ('Achieving the Balance', 1998). He was awarded Life Membership in 2004, and the SPA 'Lifetime Contribution to Suicide Prevention Research' award in 2008.

HOST ORGANISATION



The Salvation Army has been providing a wide range of community services to disadvantaged people in the Australian community for over 100 years. Salvation Army services operating in over 900 centres across Australia provide counselling and active practical support designed to meet the needs of people who are alienated in society because of poverty, homelessness, health issues, dependency issues, unemployment and/or experiencing personal crisis.

Many of those the Salvation Army assists are affected by mental illness and significant numbers face situations that lead them to contemplate and attempt suicide. Our work also brings us in regular contact with members of the Australian community whose lives have been devastated by the suicide of someone close to them.

The Salvation Army was the first organisation in the world to establish suicide prevention programs.

The programs developed through the Salvation Army Hope for Life Suicide Prevention and Bereavement Support Services will enhance The Salvation Army's ability to bring advice, support, comfort and hope to those 'at risk' of suicide and those bereaved as a result of suicide.

REMEMBRANCE AND HEALING CEREMONY

The Postvention Conference Healing and Remembrance Ceremony will be held on Saturday afternoon, 28th June 2012. The Ceremony is a unique event that is the heart of the conference and provides an opportunity for individuals, families, friends and conference delegates to come together in strength, light and community to share and be supported in our grief as we honour and remember our loved ones.

This Conference: "Hope Meaning and Direction" – Australian Postvention Perspectives provides a wonderful opportunity for the bereaved by suicide together with the Conference delegates to come together to support each other remembering there is Hope and YOU ARE NOT ALONE. Together we can find "Hope Meaning and Direction".

TRADE EXHIBITION

The trade exhibition will form an integral element of the conference.

To acknowledge the trade exhibition's importance, the program has been structured to ensure delegates have ample time to inspect the displays. Organisations interested in participating in the trade exhibition should contact the Conference Managers immediately.

CONFERENCE OBJECTIVES

1. To provide support, information and opportunities for networking and collaboration between postvention researchers, policy makers, service providers, agencies, emergency services, practitioners and those bereaved by suicide.
2. To contribute to an evidence base through the exchange of research and practice knowledge.
3. To raise the prominence of suicide bereavement issues at a national level: work towards the recommendation of establishing a representative National Postvention Advisory Group.
4. To highlight the range of Australian postvention services and promote an integrated and cohesive approach to the needs of bereaved people at a local, state, national and international level.
5. To provide a voice for those bereaved by suicide through creative expression and integrating the stories of those bereaved by suicide.

WHY ATTEND?

To learn, network, advocate, support and advise in the hope of reducing suicide by supporting those bereaved by suicide and minimising the harm through the loss of a loved one through suicide.

WHO SHOULD ATTEND?

- Those bereaved by suicide (families, friends and associates)
- Carers
- Crisis intervention workers
- Mental health professionals
- Clergy, pastoral care workers, spiritual advisers
- Service providers (Psychiatrists, General Practitioners, Psychologists, Social Workers, Clinicians/Counsellors,
- Youth workers, Aged care workers
- Funeral services
- Police / emergency services personnel
- Education: teachers, school counsellors
- Juvenile Justice
- Correctional Services
- Human Service organizations
- Policy writers
- Local Government
- HR & workplace managers
- Researchers

3RD AUSTRALIAN POSTVENTION CONFERENCE

PROVISIONAL PROGRAM: "HOPE MEANING AND DIRECTION"**AUSTRALIAN POSTVENTION PERSPECTIVES**

THURSDAY, 28TH JUNE 2012

PRE-CONFERENCE WORKSHOPS

8:30 - 12:30	Day workshops (select one)	13:30 – 17:30	Half Day workshops (morning - select one)
Workshop 1	Walking the journey with survivors (Dr Michelle Linn-Gust (USA) – Jack Jordan (USA) Dr Diana Sands)	Workshop 3	Critical response after suicide (Jill Fisher – StandBy Response Service (AUS))
Workshop 2	Crisis management – suicide loss in schools (Dr Madelyn Gould (USA))	Workshop 4	Mental health – support for carers / consumers (Barbara Hocking (AUS))
13:30 – 17:30	Day workshops (continued)	13:30 – 17:30	Half Day workshops (afternoon - select one)
Workshop 1	Walking the journey with survivors	Workshop 5	Indigenous perspectives: surviving and healing (Barbara Wingard (AUS))
Workshop 2	Crisis management – suicide loss in schools	Workshop 6	Spirituality, healing and faith – their importance in postvention work

18.00 – 20.00 WELCOME RECEPTION

FRIDAY, 29TH JUNE 2012

7.00	Registration
8.30	Conference opening – The Hon Mark Butler – Minister for Mental Health and Ageing (to be confirmed)
	Welcome to Country
9.00	Session 1 – Plenary Keynote Presentations:
	"My Story" A Lived Experience Prof Ian Webster (AUS), Prof Graham Martin (AUS), Jill Fisher (AUS)
10.30	Morning Tea & Trade Exhibitions
11.00	Session 2 - Concurrent
	(six streams)
12.30	Lunch / Trade Exhibitions / Poster sessions
13.30	Session 3 – Plenary Keynote presentations:
	"My Story" A Lived Experience Diana Sands (AUS), Madelyn Gould (USA), Jerry Reed (USA)
15.00	Afternoon Tea and Trade Exhibitions
15.30	Session 4 – Concurrent
	(six streams)
17.00	Close

19.00 – 22.30 CONFERENCE DINNER

SATURDAY, 30TH JUNE 2012

7.00	REGISTRATION	
8.30	Session 5 - Plenary Keynote presentations:	"My Story" A Lived Experience Dr Michelle Linn-Gust (USA), Barbara Hocking (AUS) / Margie Nunn (AUS), Jack Jordan (USA) Tom Brideson
10.30	Morning tea and Trade Exhibitions	
11.00	Session 6 – Concurrent workshops	
	STREAM 1 – RESEARCH / PRACTITIONER Concurrent 1 ½ hour workshops Jeremy Reed (USA), Dr Madelyn Gould (USA) Dr Michelle Linn-Gust (USA)	STREAM 2 – BEREAVED BY SUICIDE Concurrent 1 ½ hour workshops Dr Judith Murray(AUS), Jack Jordan (USA) Barbara Wingard (AUS)
12.30	Lunch / Trade Exhibitions / Poster sessions	
13.30	Session 7: Open Discussion Future Direction for Postvention in Australia	Facilitator: Professor Graham Martin (AUS)
	Looking forward, this session will canvas what needs to next to achieve better recognition and support for people bereaved by suicide in Australia.	International and Australian presenters with bereaved representatives
15.00	Afternoon tea	
15.30 – 16.45 BEREAVED BY SUICIDE HEALING and REMEMBRANCE SERVICE		

CONFERENCE REGISTRATION

GENERAL INFORMATION

FULL-TIME REGISTRATION

Includes admission to all sessions and trade exhibition, morning tea, lunch and afternoon tea and a satchel containing the conference material. The conference dinner is included.

DAY REGISTRATION (FRIDAY OR SATURDAY)

includes admission to sessions and the trade exhibitions on the nominated day, morning and afternoon tea and lunch on that day only, and a satchel containing the conference material. The conference dinner is not included in the day registration fee, but a ticket to attend the conference dinner on Friday evening may be purchased.

PAYMENT

All prices are in Australian dollars and include GST. Cheques or drafts must be in Australian currency drawn on an Australian bank and free of all charges. Payment by credit card is also acceptable. Faxed registration forms are acceptable only if payment is by credit card, and full card details are provided. Payment must accompany your registration form; conference registration cannot be confirmed until payment is received. Payment must be received by the due date to receive any applicable discount otherwise the next level of payment will be charged.

CANCELLATION AND REFUNDS

Cancellations must be made in writing to the Conference Secretariat. Cancellations received before 25th May 2012, will incur a \$55.00 administration fee. No refund will be given for cancellations received after this date, however, an alternative delegate from the same organisation may attend at no additional charge.

IMPORTANT DATES

Friday, 20th April, 2012

Deadline for abstracts/submissions

Friday, 11th May, 2012

Presenters notified of acceptance of abstracts

Friday, 18th May, 2012

Early bird registration closes

TRADE EXHIBITION

The trade exhibitions will form an integral element of the Conference. To acknowledge the importance of the trade exhibitions, the program has been structured to ensure delegates have ample time to inspect the displays. Organisations interested in participating in the trade exhibition should contact the Conference Secretariat immediately.

CONFIRMATION OF RECEIPT OF REGISTRATION AND OF DINNER PLACE

All registrations will be receipted prior to the Conference. Please ensure that your details are correct for receipt.

CERTIFICATE OF ATTENDANCE

A certificate of attendance will be available if required, at the conference registration office on site.

DRESS CODE

The dress standard for the conference is neat casual attire.

MESSAGES

A message board will be located outside the conference office.

DISCLAIMER

This brochure outlines the proposed conference content, however, this may be subject to some adjustment and change.

METHODS OF REGISTRATION

Register by email postvention@hotelnetwork.com.au

Register by fax (02) 9411 4243

Register online <http://www.hotelnetwork.com.au/>

Register by post Conference Manager, The Hotel Network
PO Box 5580, West Chatswood NSW 1515

Additional information

Contact Alan Staines at alanstaines@optusnet.com.au or by phone on **0412 164 575**; or visit website <http://www.hotelnetwork.com.au/> for further information and conference updates.

HOST ORGANISATION

The Salvation Army Suicide Prevention – Bereavement Support Services

Board Members

Envoy Alan Staines - OAM, OF, Director

Ms Stephanie Wilks – National Coordinator

Ms Wilma Gallet - Project Manager

Maj. Paul Moulds - AM

Mr John Cleary

Ms Karen Lattouf

Ms Elli McGavin

Maj Kelvin Alley

Mr Wayne Koivu

Mr Gary Raymond - OAM

Conference Committee Members

Mr Alan Staines (Chair), OAM, OF, Salvation Army

Alan Woodward, Lifeline Foundation for Suicide Prevention

Louise Flynn, Jesuit Social Services

Tony Gee, Compassionate Friends/Life is... Foundation

Ms Jill Fisher, Standby - United Synergies

Ms Leonore Hanssens - Promote Life NT

Dr Diana Sands, Bereaved By Suicide Centre for Intense Grief

Wilma Gallet, Salvation Army Hope for Life

Stephanie Wilks, Salvation Army Hope for Life

Tony Cassidy, Wesley LifeForce





CONFERENCE REGISTRATION FORM

"HOPE MEANING AND DIRECTION" AUSTRALIAN POSTVENTION PERSPECTIVES

3RD AUSTRALIAN POSTVENTION CONFERENCE

Salvation Army Suicide Prevention
Bereavement Support Services

THURSDAY, 28TH JUNE TO SATURDAY 30TH JUNE 2012
UNIVERSITY OF NEW SOUTH WALES / SCIENTIA BUILDING

Tax Invoice
ABN: 57 507 607 457

Online registration is available at www.hotelnetwork.com.au

Please complete a separate form for each person attending, and send conference registration form with payment details and any attachments, to:

Conference Manager, The Hotel Network, PO Box 5580, West Chatswood NSW 1515
Phone (02) 9414 4970 Fax (02) 9411 4243 Email postvention@hotelnetwork.com.au

PRE-CONFERENCE WORKSHOPS: THURSDAY, 28TH JUNE 2012

Workshop fees are for full day attendance.

	AUD	Amount Paid \$AUD ONLY
<input type="checkbox"/> Workshop – Delegate rate	\$220.00	\$ _____
<input type="checkbox"/> Workshop – Concession rate – Pens / Stud Concession**	\$110.00	\$ _____
<input type="checkbox"/> Workshop – Bereaved concession	\$ 65.00	\$ _____

Please select either a Full Day Workshop or one morning and one afternoon workshop that you will attend:-

- | | | |
|------------------|-------------------------------------|-------------------------------------|
| Full Day | <input type="checkbox"/> Workshop 1 | <input type="checkbox"/> Workshop 2 |
| Morning | <input type="checkbox"/> Workshop 3 | <input type="checkbox"/> Workshop 4 |
| Afternoon | <input type="checkbox"/> Workshop 5 | <input type="checkbox"/> Workshop 6 |

CONFERENCE: FRIDAY, 29th & SATURDAY 30th JUNE 2012

Morning/afternoon tea and lunch are included in the registration fee. The Conference Dinner is included in the 2-day registration fee.

	AUD	Amount Paid \$AUD ONLY
ABN 57 507 607 457 Conference – 2 days – full fee*	\$550.00	\$ _____
<input type="checkbox"/> Conference – 2 days (if received by 18/05/12)*	\$495.00	\$ _____
<input type="checkbox"/> Conference – single day rate	\$250.00	\$ _____

STUDENT / PENSIONER

<input type="checkbox"/> Conference – 2 days Pens / Stud concession**	\$340.00	\$ _____
<input type="checkbox"/> Conference single day rate – Pens / Stud concession**	\$140.00	\$ _____

BEREAVED

<input type="checkbox"/> Conference – 2 days – Bereaved concession*	\$250.00	\$ _____
<input type="checkbox"/> Day 2 only – Bereaved concession	\$ 65.00	\$ _____

(Day 1 single-day, not available). * Includes conference dinner.

SPECIAL EVENTS

<input type="checkbox"/> Welcome Reception	\$70.00	\$ _____
<input type="checkbox"/> Conference Dinner (cost included in full fee registration)	\$70.00	\$ _____
<input type="checkbox"/> Extra person for dinner – Name: _____	\$70.00	\$ _____
<input type="checkbox"/> Healing / Remembrance Ceremony		

TOTAL \$ _____



ABSTRACT SUBMISSION INFORMATION FOR PRESENTERS

Submission of abstracts closes at close of business, Friday, 20th April 2012. Presenters will be advised in writing of the acceptance of their abstract by Friday, 11th May 2012.

Conference abstracts will be based on at least one of the following themes, and relate to at least one of the following presentation areas. Abstracts that do not clearly relate to the conference themes and areas will not be considered.

CONFERENCE THEMES

Postvention areas relating to the themes:

- Collaborative partnerships in suicide bereavement
- Innovative approaches in suicide bereavement
- Specialised areas
 - Children & suicide bereavement
 - Rural, remote & regional specific
 - Spirituality, Hope, Healing & Faith
- Postvention responses to contain suicide contagion / clusters
- Indigenous Suicide Bereavement responses

The preferred method of abstract submission is online at www.hotelnetwork.com.au Follow the links to the Postvention Conference 2012, call for abstracts. This link also contains instructions to presenters.

The abstract submission template is available online following the above links and should be used when preparing your abstract for submission, regardless of the method of submission.

ABSTRACT CONTENT

The purpose of the abstract is to define the precise themes of the presentation for potential inclusion into the conference program.

POSTERS

Posters will be presented in poster sessions which will be chaired. All authors are expected to be in attendance at the poster display at the scheduled time for questions.

SUCCESSFUL PRESENTERS

Successful presenters are expected to pay and register either for the full program or for the day of their presentation.

Additional information regarding presentations will be sent after 11th May to the principal presenter of all accepted abstracts

ENQUIRIES

Enquiries regarding the submission of abstracts can be made to Postvention Conference 2012, The Hotel Network, PO Box 5580, West Chatswood NSW 1515. Telephone: (02) 9414 4970, Facsimile: (02) 9211 0392, Email: postvention@hotelnetwork.com.au

INSTRUCTIONS FOR PRESENTERS

1. The abstract title, in bold Arial, 10-point font, full-justified, should be short, informative and contain the major key words.
2. Abstract titles should be followed by author's first then last names. Presenting author to be in bold, left justified. Do not include degrees or professional titles (eg Dr, Prof). Superscript numbers must be used for reference to institution. Institutions to include city, state, postcode and country (in that order).
3. Do not use abbreviations in the title or the body of the abstract. Abstracts must not exceed 200 words.
4. An abstract must contain sufficient information so that if published, it will be a complete report independent of presentation. The text should not contain statements alluding to results or conclusions not presented within the text. An abstract should not contain figures, literature references, grant acknowledgments, etc.
5. The margins are to be 2cm, top and bottom, left and right.
6. The presenting author is required to submit a brief biosketch (up to 100 words). Biosketches may be published in conference literature.
7. Compliance to the above specifications is imperative - any abstract that does not comply with these specifications will not be accepted for review.
8. Where online submission is not possible, abstracts may be submitted via e-mail, using the abstract submission template, to postvention@hotelnetwork.com.au For e-mail submission, type "Postvention Conference 2012" in the subject heading, and write your name and abstract title in the body of the e-mail.
9. Where neither online nor electronic submission are possible, one hard copy of the abstract, prepared using the **abstract submission template**, together with the presenter's full contact details, may be posted to:

**The Postvention Conference 2012,
The Hotel Network, PO Box 5580,
West Chatswood. NSW 1515**
10. Please note that abstracts and presenter biosketches may be published in conference materials.



3RD AUSTRALIAN POSTVENTION CONFERENCE 2012 – UNSW SYDNEY “HOPE MEANING AND DIRECTION” AUSTRALIAN POSTVENTION PERSPECTIVE

ONLINE REGISTRATION AVAILABLE AT www.hotelnetwork.com.au

For instant accommodation booking options please view the conference manager's website www.hotelnetwork.com.au.

ACCOMMODATION OPTIONS

LIST OF HOTELS INCLUDING BUDGET ACCOMMODATION:

SECTION D: ACCOMMODATION OPTIONS

A special accommodation rate has been negotiated with the following hotels. Accommodation reservations and amendments MUST be made through The Hotel Network. All rates include GST. Rates are per room per night.

CROWNE PLAZA COOGEE

15 minute drive to Conference Venue

\$215.00 - Village View Room Only

\$240.00 - Village View Room inc 1 x Buffet Breakfast per night

\$265.00 - Village View Room inc 2 x Buffet Breakfasts per night

\$265.00 - Ocean View Room Only

\$290.00 - Ocean View Room inc 1 x Buffet Breakfast per night

\$315.00 - Ocean View Room inc 2 x Buffet Breakfasts per night

THE BLENHEIM RANDWICK

26 Blenheim Street, Randwick

(Main Entrance via High Street Opposite Sydney Childrens Hospital)

5 minute walk to Conference Venue

\$153.00 - Standard Queen Room Only

*\$164.00 - Standard King Room Only (1 King or 2 x Single Beds)

* Subject to Availability

** No breakfast available, communal kitchen available for all guests

AVONMORE ON THE PARK

34 The Avenue, Randwick

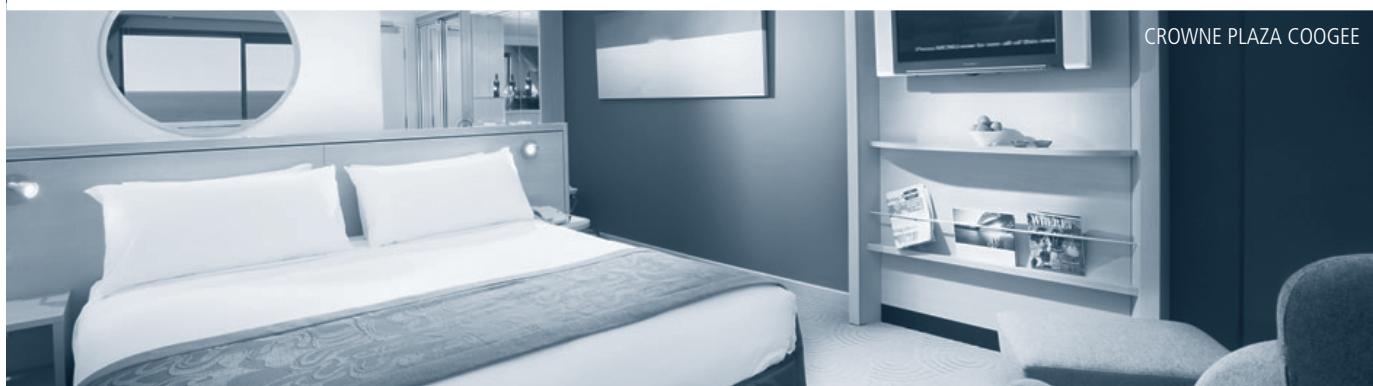
10 minute walk to Conference Venue

\$155.00 - Standard Room Only

** No breakfasts available, Kitchenette facilities available in room.

Other accommodation options are available through Hotel Network.

Room reservations must be accompanied by a deposit equivalent to one night's accommodation. You are of course welcome to fully prepay if you wish. In the case of bookings made with your personal credit card, your details will be passed on to the hotel to guarantee the booking. If your organisation is paying by credit card on your behalf, please indicate the amount to debit.



PLENARIES

"My Story" A Lived Experience

A bereaved person will share their story at the beginning of each plenary to link their lived experience with the theoretical aspects of the conference under the heading – **"My Story" A Lived Experience**

LIFEKEEPER MEMORY QUILT PROGRAM

The Hope for Life State and Territory Lifekeeper Memory Quilts will be launched at the conference. The Lifekeeper Memory Quilts serve as a creative outlet for survivors' grief as well as a touching, visual reminder of so many who were lost to suicide. By putting a 'face' on suicide, these quilts help carry the message that preventing suicide is not just about lowering statistics, but also saving the lives of mothers, fathers, brothers and sisters across the nation.

Hope for Life Quilt organisers help co-ordinate and create Lifekeeper Memory Quilts. The goal is for each state and territory in Australia to have a quilt available for presentation at the quilt display at each biannual Australian Postvention Conference.

The pain of losing a loved one to suicide is difficult to express and is only made worse by the barriers to public understanding. People know that suicide is a problem but still cannot fully comprehend how it affects every community in the country. the public still cannot put a face to suicide, and cannot imagine how many of their friends and neighbours have been touched by such a tragedy. Sometimes words are simply not enough to help them understand. Bereavement support groups throughout Australia will be assisted in creating the Lifekeeper Memory Quilts.

The creation and display of Lifekeeper Memory Quilts provide both a creative outlet for grief and powerful visual representation of the staggering losses our country suffers as a result of suicide.

STREAM 6

Creative Expression: giving voice to lived experience.

The loss of a loved one to suicide is devastating. Some speak of the 'ripple effect' of such a tragedy, but for those closest, it is more akin to a tsunami.

While it is often challenging to find the words to give expression to the experience of loss to suicide, we know that telling one's story, through the use of creative art forms, can be healing and strengthening. It can also be an effective way to break down the silence and stigma often associated with suicide.

A specific area is set aside at the Conference for a display of works of art by those bereaved by suicide.

These include the "Pieces: Suicide the Aftermath" Exhibition, as well as writings from the "Nothing Prepared Me For This" project.

There are also artworks from a number of individual artists from around the country.

SESSION 7

Open Discussion: Future Direction for Postvention in Australia

Looking forward, this session will canvas what needs to occur next to achieve better recognition and supports for people bereaved by suicide in Australia.

A panel will summarise the ideas and issues raised throughout the Conference, drawing on what has been heard from people with lived experience and various program managers and researchers.

An open facilitated discussion for participants to bring forward suggestions for how we can more effectively advance postvention work in Australia. One proposal is for a Working Group to be formed to advocate for the Postvention sector in Australia.

LETTER FROM A BEREAVED PERSON

As a person bereaved by suicide, I care about others going through their own nightmare and believe we need as much support as possible. Words on paper can seem an insignificant and arrogant attempt to ease the intense, gut wrenching emotions you may be trying to cope with, but this is my humble attempt.

Surviving this was a roller coaster ride of steep climbs and scary corners and descents that just crept up on me and left me breathless and shaking. I was so afraid. I was choking on something totally alien to me. I felt so alone even with family and friends. How could we be there for each other when so much hurt and anger lay in the air.

I really needed someone to listen to my endless retelling, my tears, my pain as I talked about the one I had lost. I knew nothing was going to bring him back, but I found speaking to someone else who had gone through this at least made me feel that I wasn't going mad. We shared our thoughts and feelings and our wonderful memories about our boys. The highs, the lows, the funny, the naughty, covering the terrain of their lives from babies to men.

You know they really were here, they existed, they lived and they died. They were and will always be an essential part of who we are. We loved them and they most certainly mattered, even if not in their own minds.

To the question 'why'? I have come to my own conclusion, which is the result of countless hours of thinking and struggling to understand. Today I feel I have reached a place in myself that allows me to be brave and live and love.

I sincerely hope you will take the opportunity to contact Suicide Prevention - Bereavement Support Services about resources and support for yourself.

www.suicideprevention.salvos.org.au

**FOR FUTHER INFORMATION CONTACT
THE CONFERENCE MANAGER AT:**

THE HOTEL NETWORK

PO Box 5580, West Chatswood
NSW 1515 Australia

Phone: (02) 9414-4970

Fax: (02) 9411-4243

Email: postvention@hotelnetwork.com.au

www.hotelnetwork.com.au



A not for profit community organisation dedicated to well being and harm prevention in young people.

