

INVITATION

StandBy Response Service

A Workshop for Working with Suicide Bereaved Families with Children



- This workshop will outline the importance of Postvention for those bereaved by suicide as a method of Suicide Prevention
- Children bereaved through suicide are vulnerable to this often unspoken, tragic legacy. a legacy that can be repaired and re-storied through early intervention
- This workshop will review current research, identify challenges and protective factors that support and promote healthy grief outcomes for children within their family
- In this workshop you will learn how to use an Educational resource the Red Chocolate Elephants developed specially for suicide bereaved children; strategies to build resilience and a safe haven to support children in expressing their fears and concerns
- At the completion of this practical workshop you will be reassured in your knowledge and skills to work with families with children coping with traumatic loss

"When one heart opens with hope the possibility of a way forward is created for others"

- **Workshop 9am – 12.30**

Diana Sands PhD is Director, Centre for Intense Grief, she is a family therapist and postvention, prevention clinician, researcher and educator with more than 20 years experience working with those bereaved by suicide and other traumatic loss. Diana is the Deputy Chair of Postvention Australia, an invited Member of the International Work Group Death, Dying and Bereavement and recipient of the Vice Chancellor Post Graduate Research Grant, Australian Government Research Scholarship and has published peer reviewed academic articles, book chapters and author of book and DVD resource *Red Chocolate Elephant- for children bereaved by suicide*

- **Discussion Circle: 1pm – 2.30pm**

Aboriginal agency representatives from Tweed Heads, Lismore, Casino, Grafton and Coffs Harbour

- Discussion circle and shared wisdom about the issues confronting Aboriginal people and communities across the region. Opportunity for workers to enhance understanding and practices when working with Aboriginal families and their children who are faced with sudden and traumatic death through suicide

Date: Thursday 5 March, 2015

Time: 8.45am – 3pm

Venue: YWCA 101A Rous Road, Goonellabah

Registration cost \$50.00 includes Red Chocolate Elephant resource book, lunch and refreshments.

**See registration attachment for payment & RSVP details
RSVP COB 27.02.15**

Hosted by Rose Hogan

North Coast StandBy Response Service 0417 119 298

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- **Who Should Attend**

Emergency responders, community workers; social workers; counsellors, psychologists, health, welfare and education professionals; youth services, family services; clergy, students, people responding to family, friends and associates bereaved by suicide