

suicide and our community



Diana Sands, PhD

Red Chocolate Elephants coming to Cairns

As part of National Youth Week Celebrations in the Region

International presenter & author Diana Sands, will be addressing an audience sponsored by Abi Group. She will speak about the book that she has worked so long to get out into the communities to be a resource for parents and children to use together when trying to face the suicide of a loved one.

"The Red Chocolate Elephants is a remarkable resource for children bereaved by suicide. In a world where children are forgotten mourners, this unique combination of text, pictures, and voices - all in the words of bereaved children themselves - is a treasured safe haven for young people to hear their fears, questions, and difficulties put into words by other children just like them.

Guest Speakers also include:

Peter Lovett – Safety Site Manager / Abi Group – Will talk about the program "Mates in Construction" a program based around suicide prevention in the construction industry

Kelli Harris – Local Psychologist – Will talk about her personal story and how we can help those around us that may be struggling.

Glen Martin – Youth Development Officer, Cairns Regional Council – Will speak about youth programs in place and what more we can do to help.

Councilor Di Forsyth – Will speak and will also accept the donation of the books and will present them to the education department.

Our MC for the night will be Kylie Gabutto, President, Cairns Business Women's Club

Wednesday 18th April – Hilton Hotel Grand Ballroom – 6pm

Canapés and the opportunity to talk to our guest speakers will be available following

Please register your interest for this free night – suicideandourcommunitycairns@gmail.com

"As this is a free event any donations will be greatly appreciated and will be collected by

"Wings of Hope Association, the voice of people bereaved by suicide".

All money raised on the night will go back into our local area"

The author Diana C. Sands, PhD, is the Director of the Bereaved by Suicide Centre for Intense Grief, Sydney, and has for over two decades provided community education, family counseling and group programs for adults, adolescents and children bereaved by suicide.

With special thanks

