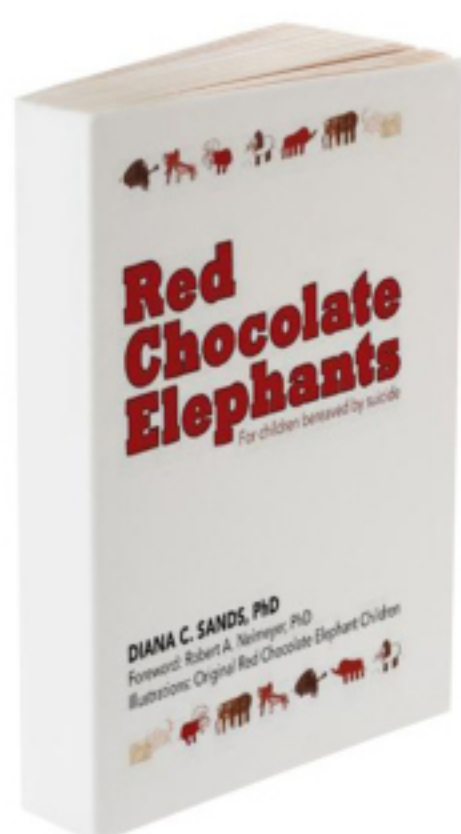


# Suicide Prevention through Postvention: Facilitating Meaning Making and Resilience in the Wake of Trauma



## Professional Education Program



**International Guest Speaker: Diana Sands, PhD**  
Director, Bereaved by Suicide Centre for Intense Grief  
Sydney, Australia

*This innovative and practical workshop is offered as a morning session or all day continuing education seminar exploring theoretical models and clinical interventions to support individuals and families bereaved by suicide.*

**Friday April 26, 2013**

**CE Credits:** offered to psychologists, counselors, social workers, students, other mental health workers and the general public.

Morning Session: *Walking in the Shoes- Understanding Suicide Grief*  
(3CE credits) 8:30 a.m. to Noon

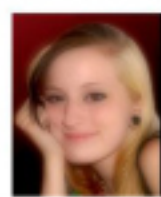
Full Day Seminar: includes afternoon session, *Reconstructing Restorative Loss Narratives in Clinical Practice* (6 CE credits)  
8:30 a.m. to 4 p.m.

**Loyola University Maryland**  
**Columbia Graduate Center**  
8890 McGaw Road  
Columbia, Maryland

**Audience:** Crisis Responders, Counselors, Clergy, Family Therapists, Educators, and Social Workers

*Seating is limited.  
Register online at  
[chesapeakelifecenter.org](http://chesapeakelifecenter.org)  
or by calling  
410.987.2129*

*Special thanks to Morgan Beverly Suicide Prevention Foundation for underwriting a portion of this seminar.*



**Morgan  
Beverly** Suicide  
Prevention  
Foundation

## Morning Session: 'Walking in the Shoes': Understanding Suicide Grief

8:30 a.m. – Noon  
3 CEUs

This session will explore the theoretical framework of suicide loss, with specific attention to the "tripartite model of suicide bereavement" (Sands, 2008; 2009; Sands, Jordan & Neimeyer, 2011). This model often referred to as "walking in the shoes model",

highlights interventions that can support relational repair by strengthening the threads of meaning that constitutes the griever's sense of self, relationship to the deceased and their relational network. Case study material will be used to illustrate clinical applications with a wide range of expressive art strategies.

Upon completion of this workshop attendees will have a greater understanding of the relational and meaning reconstruction challenges of suicide bereavement, as well as utilization of the tripartite model as a guide in identifying important aspects of this grief experience to support those bereaved by suicide.

## Afternoon Session: Reconstructing Restorative Loss Narratives in Clinical Practice

1 p.m. – 4 p.m.  
3 CEUs

The second session will offer greater depth for clinicians in developing practical skills and strategies to support their clients in reconstructing loss narratives. In particular, the "restoring the heartbeat of hope suicide bereavement group program" will be outlined and discussed (Neimeyer & Sands, 2011; Sands 2012, Sands, 2013).

Attendees will have the opportunity for experiential and collaborative practice of clinical interventions that can be implemented to support the development of resilience, hope and adaptive meaning making. There will also be opportunities for participant discussion and networking.

